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## CAW Fall 2025 Workshop Descriptions

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### MONDAYS

#### Kaleidoscope Arts & Play – Culinary Focus (Ages 4–6)

A joyful afternoon where our youngest artists explore arts and play with a fun **culinary twist!** Children will enjoy sensory art, stories, and hands-on cooking activities like decorating cupcakes, making fruit kabobs, or mixing their own snacks—nurturing creativity, curiosity, and confidence in the kitchen.

#### 3D Printing & Technology 101 (Ages 7–11)

Dive into the exciting world of **digital creativity!** Kids will learn the basics of 3D design, printing, and hands-on tech projects using our studio's tools and software. Perfect for curious minds ready to turn ideas into real-life models they can take home!

#### Social Justice & Community Arts (Ages 7–11) – Amari W

Students will explore **big ideas and big feelings** through collaborative art projects that shine a light on kindness, equity, and community. From mural-making to creative writing and posters, kids will learn how art can make a difference and amplify their voices.

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## TUESDAYS

### **Kaleidoscope Arts & Play – Sculpture Focus** (Ages 4–6)

A playful session for young makers to build and create using clay, found objects, cardboard, and more! Children will learn about shapes, textures, and imaginative design while they sculpt colorful, tactile masterpieces.

### **Crafting Café** (Ages 6–7) – *Maija*

A cozy, hands-on creative time where kids craft everything from felt animals to seasonal décor. The café vibe encourages imagination, conversation, and sharing, with each week offering a new fun project to take home.

### **Culinary Arts** (Ages 7–11) – *Empress*

Young chefs will roll up their sleeves to prep tasty treats and simple recipes each week. They'll build confidence in the kitchen while learning about food safety, teamwork, and the joy of making delicious creations from scratch.

### **Hudson River & Painting Excursions** (Ages 7–11) – *Natalie*

Kids will grab sketchbooks and paints and head outside to explore local parks, the riverfront, and hidden natural spots. They'll learn landscape techniques and nature journaling, turning real-life inspiration into beautiful artworks.

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## WEDNESDAYS

### **Kaleidoscope Arts & Play – Theatre Games Focus** (Ages 4–6)

An energetic afternoon for budding performers! Kids will play acting games, use costumes, and learn simple stories and skits—building confidence, imagination, and group play skills through theatre fun.

### **Nature Arts** (Ages 6–7) – *Natalie*

Kids will connect with nature through art—collecting leaves, sticks, and stones to craft natural sculptures, land art, and eco-friendly paintings. They'll discover the beauty in the world around them, rain or shine!

### **The Mindful Artist** (Ages 7–11) – *Taught by Sarah P*

This calming, creative workshop invites young artists ages **7–11** to slow down and connect with their art and the world around them. Each session blends **mindfulness practices**—like simple breathing, gratitude circles, or nature walks—with hands-on projects that focus on **sustainability** and **upcycled art**. Kids will explore mindful painting, recycled collages, found-object sculptures, and nature journaling, learning to see everyday materials in new, thoughtful ways. Students will leave feeling proud of their creations and equipped with mindful tools they can use anytime they need a moment of calm.

### **Musical Creation & Recording Studio** (Ages 7–11) – *Soren*

Students will experiment with sound, songwriting, and recording basics in our studio. They'll build beats, try simple instruments, and collaborate to record their own original tracks—no prior music experience needed!

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## THURSDAYS

### **Kaleidoscope Arts & Play – Crafting Focus** (Ages 4–6)

A colorful mix of classic kids' crafts! From collage to painting to seasonal crafts, our little artists will use a variety of materials to create and play together in a supportive, inspiring environment.

### **Seasonal Culinary Kids** (Ages 6–7) – *Empress*

This tasty workshop celebrates the seasons through food! Kids will learn to prepare simple, fresh recipes inspired by what's growing now—like autumn apple snacks or winter cookie decorating. Delicious and fun!

### **Comedy, Theatre & Improvisation** (Ages 7–11) – *Soren*

A playful, laugh-out-loud workshop where kids build confidence through improv games, sketch comedy, and silly performances. A perfect outlet for creative energy and self-expression!

### **Lego Stop & Go Animation Studio** (Ages 7–11)

Budding filmmakers will use Legos and other props to create their own stop-motion mini-movies. They'll storyboard, build sets, and bring their wildest stories to life frame by frame!

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## FRIDAYS

### **Kaleidoscope Arts & Play – Painting Focus** (*Ages 4–6*)

A relaxed Friday for our youngest painters to splash color on canvas, paper, and fun surfaces. Children will experiment with brushes, sponges, and other tools to create colorful works of art to brighten any wall.

### **Park & Arts** (*Ages 7–11*) – *Natalie*

Kids will head outdoors for an afternoon of **creative exploration**—from sketching and plein-air painting to nature crafts and outdoor games. The perfect way to wrap up the week with fresh air, creativity, and friends.

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